

Welcome to the Tamborine State High School Canteen.
 ("V" = Vegetarian GF = Gluten Free * not always available)

We endeavour serving Students, Teachers and Staff with a high quality High School Menu. The Tuckshop Menu offers Food and Drinks for any budget including a great and good variety. We take pride with products made on the premises and many of them are very healthy, nutritious and are highly recommended

We open our doors from 08:00AM with some Breakfast items and then later on to the Big and Small Lunch Breaks. The Canteen closes after the 2nd break at 14:05PM.

We highly recommend PRE-ORDERS before 08:45 AM to insure your preferred item is available to you. You select, pay and pick up.

For Teachers and Staff and Guests there is a range of products available, please come and check. Thank you for your visit.

Your dedicated Canteen Staff, Volunteers and Trainees

TMSHS TUCKSHOP MENU

VALUE SECTION

Cupcake	(V) 1.50
Fresh Cut Fruit Tub	(V) 1.00
Zooper Dooper Cordial Ice block	(V) 0.50
Arnott's Plain Biscuit Pack	(V) 0.50
Cookies House Baked (assorted)	(V) 1.50
Icy Pole	(V) 1.50
Sour Pop	(V) 1.00
Small Bottle of Water	(V) 1.00
Water 600ml Bottle	(V) 1.50
Plain Ham and Cheese Sandwich Pack.	2.00
Moosis Ice cream pack	
Small Packet Chips (Crisps)	(V) 1.50
Lunch Hampers (recommended for value)	8.00

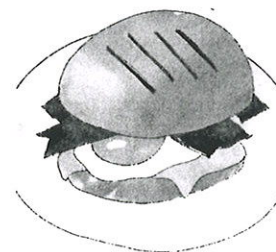
Look out for "Specials"



BAKERY

Banana Bread	(V) 2.00
Cupcake of today	(V) 1.50
Cookies – Home baked	(V) 1.50
Arnotts Plain Biscuit pack	(V) .50
Lori's Bacon & Egg S'Muff (Thursday + Friday only)	3.50

Garlic Bread	(V) 2.50
Scroll (Cinnamon + Vegemite)	(V) 2.50
Fran's Daily Specials	.50-3.50



COLD SNACKS

Dip Pack (Raw Veggies, Vita Wheat, Hummus and dried Fruit) (V)



5.00

Packets of Chips Large (V) 3.00/-3.50

HOT SNACKS

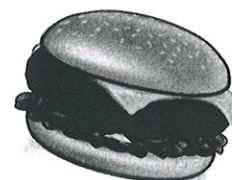
Potato Wedges Bucket (V) 3.50
Hash Brown (V) 1.00
Potato Scallop (V) 1.00



HOT SAVOURIES

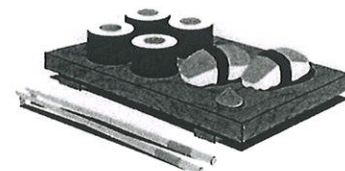
Assorted Pies incl. Vegetarian 5.00-6.50
Assorted Sausage Rolls 5.00-6.00
Vegetarian Rolls (V) 5.00-6.00
Spinach and Ricotta Roll (V) 5.00

Real Italian Pizza's (Friday only) 3.00-6.00
Toasties assorted 5.00
American Hot Dog 5.00
Chicken Wedge Roll 5.00
Chicken sweet chilli Roll 5.00
Deluxe Beef Hamburger 6.50
Beef Burger Budget 5.50
Deluxe Chicken Schnitzel or Flame grilled 6.50
Chicken Burger Budget 5.50
Nachos (vegetarian option also available) 5.50
Fish and Potato Scallop 6.00
Specials



SANDWICHES, SALADS, SUSHI & FRUIT

Sandwich Wedge (assorted fillings) 3.50
Turkish Roll (assorted fillings) 5.00
Wraps (assorted fillings) 5.50
Chicken Salad with dressing 5.50
Caesar Salad with Chicken & Bacon 5.50
Portion of fresh Fruit 1.00
Assorted Sushi 5.50 (available every
Wednesday, Thursday & Friday)



SAUCES

Portion Control - Tomato, BBQ, Mayo 0.30

ICE CREAM

Ice Blocks 0.50-
Assorted Ice Creams (no Nuts) 1.50-5.00



DRINKS

Assorted Cans (no Coke) 3.00
Assorted Fizzy Fruit Drinks 2.00-6.00
Fruit Juices, assorted Emma + Tom's 4.00-4.50
Ice Tea's, assorted flavours and sizes 3.50-5.00
Water, assorted sizes & flavours 1.00-4.50
Milk, assorted sizes & flavours 1.50-4.50

